



# 2007 Alberta Age Group Championships Meet Summary

Following our successful BC Championships our top swimmers were invited to attend the Alberta Provincial Championships to test their skills against the best in Alberta. Nine swimmers made the trip and swam in their second provincial championships in two weeks. Congratulations to everyone who made the trip to Calgary in what was a fun and rewarding meet for everyone who attended.

## New AAA Times:

### Charlotte Forbes

100 Free

200 Free

100 Breast

200 Breast

## 75%+ Best Times:

Keith Eriks

Charlotte Forbes

## VPSC Individual Medalists:

*Brian Lo*

*Silver 50 Breast*

*Bronze 100 Breast*

*Monica McKeown*

*Silver 200 Fly*

*Silver 200 Free*

*Bronze 400 Free*

## VPSC Individual Finalists:

### Jenna Beaudry

5<sup>th</sup> 1500 Free

13<sup>th</sup> 400 Free

### Daniel Daly-Grafstein

6<sup>th</sup> 50 Free

13<sup>th</sup> 50 Breast

15<sup>th</sup> 100 IM

16<sup>th</sup> 50 Fly

16<sup>th</sup> 50 Back

### Keith Eriks

7<sup>th</sup> 50 Back

8<sup>th</sup> 200 Fly

9<sup>th</sup> 100 Fly

11<sup>th</sup> 100 Back

12<sup>th</sup> 50 Free

12<sup>th</sup> 200 Back

12<sup>th</sup> 50 Fly

16<sup>th</sup> 100 Free

### Charlotte Forbes

9<sup>th</sup> 50 Back

12<sup>th</sup> 100 Back

15<sup>th</sup> 100 Breast

### Brian Lo

2<sup>nd</sup> 50 Breast

3<sup>rd</sup> 100 Breast

4<sup>th</sup> 100 IM

5<sup>th</sup> 200 Breast

7<sup>th</sup> 50 Free

### Josh Martin

5<sup>th</sup> 200 Fly

6<sup>th</sup> 100 Fly

7<sup>th</sup> 200 Free

7<sup>th</sup> 50 Fly

7<sup>th</sup> 50 Free

10<sup>th</sup> 100 Free

11<sup>th</sup> 100 IM

### Tommy Martin

5<sup>th</sup> 100 Fly

9<sup>th</sup> 200 Fly

10<sup>th</sup> 50 Fly

13<sup>th</sup> 100 IM

### Monica McKeown

2<sup>nd</sup> 200 Fly

2<sup>nd</sup> 200 Free

3<sup>rd</sup> 400 Free

5<sup>th</sup> 100 IM

7<sup>th</sup> 100 Free

7<sup>th</sup> 100 Fly

11<sup>th</sup> 400 IM

### Laura Sze

8<sup>th</sup> 100 Back

10<sup>th</sup> 200 Free

10<sup>th</sup> 50 Fly

12<sup>th</sup> 100 IM

12<sup>th</sup> 200 IM