



# Vancouver Pacific Swim Club

## GIRLS SHORT COURSE CLUB RECORDS



	10 & Under Girls			11/12 Girls			13/14 Girls			15-17 Girls		
	NAME	TIME	DATE	NAME	TIME	DATE	NAME	TIME	DATE	NAME	TIME	DATE
<b>50 Free</b>	Alicia CHUNG	32.85	Mar-07	Caitlin QUON	28.80	Mar-07	Jessica DEGLAU	27.45	Mar-95	Maya BEAUDRY	26.58	Feb-06
<b>100 Free</b>	Aileen McKEOWN	1:12.07	Oct-03	Caitlin QUON	1:00.96	Mar-07	Maya BEAUDRY	57.59	Feb-03	Maya BEAUDRY	56.13	Dec-04
<b>200 Free</b>	Scarlett SMITH	2:44.44	Jan-02	Caitlin QUON	2:10.10	Mar-07	Maya BEAUDRY	2:03.26	Feb-03	Maya BEAUDRY	1:58.58	Dec-04
<b>400 Free</b>	Alicia CHUNG	5:41.96	Mar-07	Caitlin QUON	4:30.77	Mar-07	Maya BEAUDRY	4:18.87	Feb-03	Maya BEAUDRY	4:11.64	Dec-04
<b>800 Free</b>	Lindsey MOORE	12:06.76	Dec-03	Caitlin QUON	9:17.51	Mar-07	Maya BEAUDRY	8:53.66	Feb-03	Maya BEAUDRY	8:40.68	Feb-04
<b>1500 Free</b>	Katie MOORE	24:05.99	Dec-04	Jenna BEAUDRY	18:52.70	Feb-06	Tiana GALE	18:06.25	Feb-05	Janeen LEE	17:59.21	Feb-06
<b>50 Back</b>	<b>Angela LO</b>	<b>39.27</b>	<b>Nov-07</b>	Caitlin QUON	32.69	Mar-07	<b>Caitlin QUON</b>	<b>31.07</b>	<b>Dec-07</b>	Eleanora DALLING	30.42	Feb-06
<b>100 Back</b>	<b>Angela LO</b>	<b>1:24.61</b>	<b>Jan-08</b>	Caitlin QUON	1:08.97	Mar-07	<b>Caitlin QUON</b>	<b>1:06.21</b>	<b>Dec-07</b>	Eleanora DALLING	1:04.62	Mar-07
<b>200 Back</b>	Scarlett SMITH	2:55.97	Jan-02	Jennifer SELF	2:31.11	Mar-01	Tiana GALE	2:20.47	Feb-05	Tiana GALE	2:19.23	Dec-05
<b>50 Breast</b>	Monica MCKEOWN	44.83	Oct-03	Caitlin QUON	37.27	Mar-07	Vivian TSANG	36.67	Jan-07	<b>Vivian TSANG</b>	<b>34.67</b>	<b>Dec-07</b>
<b>100 Breast</b>	Alicia CHUNG	1:34.46	Mar-07	Caitlin QUON	1:17.59	Mar-07	Vivian TSANG	1:18.21	Jan-07	Vivian TSANG	1:14.20	Mar-07
<b>200 Breast</b>	Shannen BAUTISTA	3:25.37	Feb-05	Caitlin QUON	2:58.70	Jan-07	<b>Caitlin QUON</b>	<b>2:47.67</b>	<b>Jan-08</b>	<b>Vivian TSANG</b>	<b>2:40.95</b>	<b>Dec-07</b>
<b>50 Fly</b>	Alicia CHUNG	35.84	Mar-07	Monica McKEOWN	33.16	Oct-05	<b>Laura SZE</b>	<b>30.74</b>	<b>Nov-07</b>	Robyn THOM	29.57	Dec-04
<b>100 Fly</b>	<b>Angela LO</b>	<b>1:24.06</b>	<b>Jan-08</b>	Meghan BROWN	1:09.24	Feb-97	Jessica Deglau	1:04.91	Mar-95	Jessica DEGLAU	1:02.42	Jul-97
<b>200 Fly</b>	Erin CHOI	3:25.53	May-07	Caitlin QUON	2:28.62	Mar-07	Jessica Deglau	2:15.21	Mar-95	Jessica DEGLAU	2:09.47	Jul-97
<b>100 IM</b>	Scarlett SMITH	1:27.45	Dec-01	Caitlin QUON	1:11.40	Jan-07	<b>Laura SZE</b>	<b>1:11.05</b>	<b>Oct-07</b>	Eleanora DALLING	1:13.14	Oct-06
<b>200 IM</b>	Alicia CHUNG	3:01.65	Mar-07	Caitlin QUON	2:28.21	Mar-07	Jessica Deglau	2:24.81	Mar-95	Maya BEAUDRY	2:25.66	Dec-04
<b>400 IM</b>	Jenna Beaudry	6:54.74	Feb-04	Meghan BROWN	5:33.27	Dec-96	Jessica Deglau	5:05.28	Mar-95	Jessica Deglau	5:03.31	May-97

## GIRLS LONG COURSE CLUB RECORDS

	10 & Under Girls			11/12 Girls			13/14 Girls			15-17 Girls		
	NAME	TIME	DATE	NAME	TIME	DATE	NAME	TIME	DATE	NAME	TIME	DATE
<b>50 Free</b>	Alicia CHUNG	31.94	Jul-07	Caitlin QUON	29.94	Jul-07	Sarah ICKE	27.63	Jul-06	Maya BEAUDRY	27.05	Mar-05
<b>100 Free</b>	Alicia CHUNG	1:14.08	May-07	Caitlin QUON	1:02.27	Jul-07	Maya BEAUDRY	59.63	Jul-02	Maya BEAUDRY	57.01	Jul-05
<b>200 Free</b>	Alicia CHUNG	2:35.92	Apr-07	Caitlin QUON	2:12.66	Jun-07	Maya BEAUDRY	2:07.27	Jul-02	Jessica DEGLAU	2:01.62	Jul-97
<b>400 Free</b>	Alicia CHUNG	5:38.08	Jul-07	Caitlin QUON	4:32.67	Jul-07	Laura SZE	4:32.11	Jul-07	Maya BEAUDRY	4:16.92	May-05
<b>800 Free</b>	Katie MOORE	12:54.53	Mar-05	Caitlin QUON	9:21.53	Jul-07	Laura SZE	9:25.22	Jul-07	Maya BEAUDRY	8:57.41	Jan-05
<b>1500 Free</b>	???	25:00.00	???	Caitlin QUON	17:56.49	Jun-07	Jenna BEAUDRY	18:33.47	Jul-07	Maya BEAUDRY	17:52.73	Mar-03
<b>50 Back</b>	Alicia CHUNG	39.57	Apr-07	Caitlin QUON	33.86	Jul-07	Robyn THOM	32.92	Jul-03	Eleanora DALLING	31.45	Jun-07
<b>100 Back</b>	Alicia CHUNG	1:23.24	Jul-07	Robyn THOM	1:11.81	Jul-02	Tiana GALE	1:09.39	Jun-05	Eleanora DALLING	1:07.47	Jun-07
<b>200 Back</b>	Christine EDWARDS	3:04.68	Apr-01	Caitlin QUON	2:26.85	Jul-07	Tiana GALE	2:25.82	Jun-05	Tiana GALE	2:25.20	Jul-05
<b>50 Breast</b>	Alicia CHUNG	44.32	Jul-07	Jordan GARDNER	38.83	Jul-04	Jordan GARDNER	38.92	May-05	Vivian TSANG	35.72	Apr-07
<b>100 Breast</b>	Alicia CHUNG	1:34.11	Jul-07	Jordan GARDNER	1:22.82	Jul-04	Jordan GARDNER	1:25.32	May-05	Vivian TSANG	1:18.06	Apr-07
<b>200 Breast</b>	Shannen BAUSTISTA	3:30.82	Jun-05	Caitlin QUON	2:56.10	Apr-07	Hilary TODD	2:58.75	Jul-03	Vivian TSANG	2:45.17	Apr-07
<b>50 Fly</b>	Alicia CHUNG	36.38	Jul-07	Monica McKEOWN	33.37		Sarah ICKE	30.62	Jul-06	Jessica DEGLAU	29.29	Jul-01
<b>100 Fly</b>	Alicia CHUNG	1:30.77	May-07	Jessica DEGLAU	1:08.69	Jul-93	Jessica DEGLAU	1:05.36	Jul-94	Jessica DEGLAU	1:01.62	Jul-97
<b>200 Fly</b>	Roxanne HAMILTON	3:52.67	Jun-03	Jessica DEGLAU	2:29.06	Jul-93	Jessica DEGLAU	2:19.98	Jul-94	Jessica DEGLAU	2:11.26	Jul-97
<b>200 IM</b>	Alicia CHUNG	3:01.20	Jul-07	Caitlin QUON	2:29.68	Jul-07	Jessica DEGLAU	2:30.61	Jul-94	???	2:29.00	???
<b>400 IM</b>	Kaisa HEYFES	7:09.79	Apr-03	Caitlin QUON	5:18.83	Jul-07	Jessica DEGLAU	5:12.09	Jul-94	???	5:10.00	???