

# Thunderfins

## Masters & Triathlon Swimming

### Summer Session

Date: July - August 31, 2005  
Days: Mondays, Wednesdays, Fridays  
Time: 6:00-7:30am outdoor pool  
Cost: \$65/month

### Fall Session

Date: Sept 12 - Dec 16, 2005  
Days: Mondays, Wednesdays, Fridays  
Time: 7:00-8:00pm indoor pool  
Cost: \$45/month

### Winter Session

Date: Jan 9 - Apr 28, 2006  
Days: Mondays, Wednesdays, Fridays  
Time: 7:00-8:00pm indoor pool  
Cost: \$45/month

\*No practices on Stat Holidays

Training for a triathlon?  
Want to improve your stroke?  
Need to build endurance?  
Swimming for exercise?

Come on out and swim with the  
Thunderfins!

### Why:

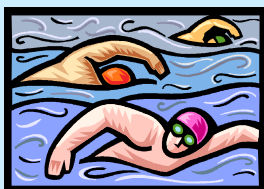
Great coaching  
Train at one of the best facilities in  
Vancouver  
Set your own goals  
Achieve your best results!

### Where:

UBC Aquatic Centre

### Affiliation:

Masters Swimming Association of BC  
TriBC



For more information please contact:  
UBC Swimming 604-822-8903  
Or  
Email: [thunderfins@yahoo.com](mailto:thunderfins@yahoo.com)