

# PACIFIC Dolphins

## ATTENTION: PDSA PARENT GROUP

You are invited to attend a Parents Clinic hosted by noted sports psychologist, **Dr. Keith Bell**. Dr. Bell, the author of *The Parent's Guide to the Proper Psychological Care and Feeding of the Competitive Swimmer*, builds this clinic around his "**Ten Rules by which to Parent Your Swimmer**." All parents, irrespective of whether their children will be attending the weekend seminar are welcome and encouraged to attend this session.

When: Thursday, January 30<sup>th</sup>, 2003

Time: 5:45 - 7:30 pm

Where: UBC Aquatic Centre (Classroom beside the pool)

Please contact Brad Dingey at (604) 822-8903 or [bdingey@shaw.ca](mailto:bdingey@shaw.ca) to reserve your spot.

**See you there!**