



THE MEL JR. & MARTY  
ZAJAC FOUNDATION  
*For Seniors & Children*

**THE 45<sup>th</sup> ANNUAL**  
**2008 MEL ZAJAC JR**  
**INTERNATIONAL SWIM MEET**  
**May 22-25, 2008 Page 1 / 9**

**Sanction**

- Sanctioned by Swim BC: #5995

**Location**

- UBC Aquatic Centre: 6121 University Blvd., Vancouver, BC V6T 1Z1, Canada

**Facility**

- Competition Pool: 50 m - 8 lanes – Omega Electronic Timing
- Warm Up Pool: 55 y – 6 lane

**Organizing Committee**

- Meet Manager ..... Margaret Durward ..... 604-822-8903 ..... [margaretdurward@telus.net](mailto:margaretdurward@telus.net)
- Meet Chairperson ..... Flip Filippelli ..... 604-822-8903 ..... [gfilippelli@telus.net](mailto:gfilippelli@telus.net)
- Meet Director ..... Chris Hindmarch-Watson .. 604-822-8903 ..... [chrishw@pacificdolphins.com](mailto:chrishw@pacificdolphins.com)
- Technical & Entries ..... Rob Traynor ..... 778-688-2975 ..... [entries@pacificdolphins.com](mailto:entries@pacificdolphins.com)
- Administration Manager. Janice Hanan ..... 604-822-8903 ..... [ubcdolphins@gmail.com](mailto:ubcdolphins@gmail.com)

**Entries**

- Entries will be submitted electronically by:
  - Using SwimMeet.ca Online Entries at [www.swimmeet.ca](http://www.swimmeet.ca),
- The Team Manager Event File will be available at [www.swimmeet.ca](http://www.swimmeet.ca) and at [www.pacificdolphins.com/meets/2008/zajac](http://www.pacificdolphins.com/meets/2008/zajac)
- Entries will be validated through [www.swimmeet.ca](http://www.swimmeet.ca).
- Foreign teams are asked to submit proof of times to [entries@pacificdolphins.com](mailto:entries@pacificdolphins.com)
- Please check [www.pacificdolphins.com/meets/2008/zajac](http://www.pacificdolphins.com/meets/2008/zajac) for the latest updates to entries procedures

**Entry Fees**

- Individual Events: CA \$75.00 splash fee
- Relays Events: CA\$12.00 per event
- Fees must be paid in **Canadian funds**: cheque, money order or cash. Foreign teams may only submit money orders in Canadian funds or cash (no US Bank checks)
- **Entry fees are due THURSDAY, May 22, 2008 at 18:00 and MUST BE PAID PRIOR TO THE COMPETITION.** Entry fees should be paid in person and not sent via mail
- Cheques and Money Orders are payable to "PDSA".

**Entry Deadline**

- **Entries are due TUESDAY, May 6, 2008**
- Late entries may be charged at 200%, at the discretion of meet management.

**Scratches**

- Please note the following scratch deadlines:
  - Thursday events: until 12:00am on Thursday, May 22
  - Friday events: 30 minutes following the end of finals on Friday morning
  - Saturday events: 30 minutes following the end of finals on Saturday morning

**Rules**

- SNC and FINA rules will apply.
- The FINA one-start rule will be in effect.
- SNC warm-up protocol will be in effect (this is posted on the meet web page)
- The meet will be run "card-less"; it is the responsibility of the swimmer to arrive at the blocks in time for their events.



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**Doping Control**

- Photo identification will be required for doping control purposes. All swimmers require photo identification (e.g. driver's license, school identification card, passport, etc.)

**Eligibility**

- All swimmers must be registered with SNC, USS or a FINA recognized organization.
- The qualifying period is between January 1, 2007 and May 21, 2008.
- Qualifying times are included below and in the Hy-Tek Team Manager Event File.
- A swimmer with one qualifying event may swim up to 5 individual events. A swimmer may swim more than 5 individual events but must qualify in all events. Bonus (non-qualifying) events should be entered at an actual time and indicated by the BONUS check in Hy-tek Team Manager.
- 800 / 1500 Freestyle including reverse distance are not available for Bonus events.
- Entry times may be converted using Hy-tek (standard 2%). Please note that in order to compete in the Top 8 – Final Heat of the Women's and Men's 800 Free and the Women's and Men's 1500 Free, a **LONG COURSE TIME MUST BE USED FOR ENTRY**. Conversion will not be allowed for the top 8 entries in those events.
- Short Course Yard times may be used for entry and converted using Hy-tek (standard 11.5%)

**Proof of Times**

- Proof of times **MUST** be included for the 800m and 1500m events. Please include these proof of times (including a web site where the proof can be verified).
- SNC Proof of Time sheets may be required for other event entry verification. Please be prepared to prove times when requested by meet management. The SNC Proof of Time sheet is available at <http://www.pacificdolphins.com>.

**Training Times**

- Pre-meet training will be available in the UBC outdoor pool on Wednesday May 21, 2008 between 16:00 and 20:00 and in the competition pool on Thursday, May 22, 2008, between 9:00 and 12:00. For additional pre-meet training, please contact Janice Hanan at [ubcdolphins@gmail.com](mailto:ubcdolphins@gmail.com).

**Meet Registration**

- All club officials and/or swimmers are required to register at the UBC Aquatic Centre classroom, **between 9:00 and 11:00, THURSDAY, May 22, 2008. All teams must be REGISTERED AND HAVE THEIR FEES PAID before competing.** Late registration may also be done between 13:30 and 14:30 on Thursday, May 22. Please notify the host at [entries@pacificdolphins.com](mailto:entries@pacificdolphins.com) if you cannot register during these times.
- Accreditation, club packages and information will be provided following registration.

**Technical Meeting**

- There will be a technical meeting in the classroom of the UBC Aquatic Centre on **Thursday, MAY 22, 2008, at 11:00.**

**Officials Briefing**

- The officials will meet each day of the competition, one hour prior to the start time of each session. All officials working at that session are required to attend.
- All senior officials may also be required to attend a de-briefing following each session.

**Scoring**

- Individual event team scoring: 1<sup>st</sup>-16<sup>th</sup>: 50-30-20-15-14-13-12-11-9-7-6-5-4-3-2-1
- Relay event team scoring: 1<sup>st</sup>-8<sup>th</sup>: 50-30-20-15-14-13-12-11



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#### Awards

- A Combined Team award will be presented to the club that accumulates the highest aggregate scoring total for the men and women's events. See SNC 4.4.6.
- Prize money may be awarded for placing 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>.
- 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Dolphin trophies for all individual and relay events
- In case of ties, prize money will be split.
- Prize money information will be available prior to the competition.

#### Format

- **Psych Listing:** will be available at <http://www.pacificdolphins.com> shortly following the entry deadline.
- **Finals:** will be swum in an alternating format with B finals swum prior to A finals.
- **Positive Check-In - Finals:** all finals require positive check in. The positive check-in deadline for finals is at **08:45** each day, prior to the final. Swimmers may check-in any time after the start of the warm up period.
- **Positive Check-In – 800 / 1500:** will also be required for the women's and men's, 800 free and 1500 free; check-in times for the 800 & 1500 events **Friday** and **Sunday** is **16:00**.
- **800 & 1500 Top 8:** the 8 fastest entries will be swum during the finals in the program order. As stated in the Eligibility section: in order to compete in the Top 8 – Final Heat of the Women's and Men's 800 Free and the Women's and Men's 1500 Free, a **LONG COURSE TIME MUST BE USED FOR ENTRY**. Conversion will not be allowed for the top 8 entries in those events.
- **800 & 1500 Slower Heats:** the 800 and 1500 free, for men and women will be limited to the top 24 proven entries in each event. The top 8 will swim during finals with the remaining 2 heats swum fastest to slowest, alternating women and men, at the end of the preliminary session.
- The final schedule will be published immediately following the positive check-in for these events.
- **Relays:** All relays will be timed-finals. The top 16 teams in the 4x100 Free Relay and the 4x100 Medley Relay will swim during the finals, while the top 8 teams in the 4x200 Free Relay will swim during the finals. All other relays will swim at the end of the preliminaries but prior to the overflow heats of other events (see below). The heats of the 4x100 Medley Relay (if necessary) will swim before the 800/1500 preliminary heats on Saturday afternoon..
- **Competitor Limit:** The meet management will have the discretion to **limit the meet to 400 swimmers**.
- **Overflow Heats:** The number of heats in the preliminary sessions will be limited to the following with all remaining heats swimming at the **beginning** of the preliminary session:
  - 400 metre events - 5 heats
  - 200 metre events - 7 heats
  - 100 metre events - 9 heats
- Following the entry deadline the order of events (including all heats) will be published and distributed.

#### Questions

- E-mail [info@pacificdolphins.com](mailto:info@pacificdolphins.com) or contact someone on the organizing committee

#### Updates

- Please check <http://www.pacificdolphins.com> for the latest meet updates.



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**Thursday, May 22, 2008**

Preliminaries: ..... Warm Up: 13:30 – 14:50 ..... Start: 15:00

**WOMEN**

**MEN**

	800 Free .....	08:41.04L .....	1	
2 . . . .	02:32.11L .....	200 Back .....	02:17.56L .....	3
4 . . . .	01:19.99L .....	100 Breast .....	01:10.90L .....	5
6 . . . .	02:13.83L .....	200 Free .....	02:02.41L .....	7
8 . . . .	05:23.20L .....	400 IM .....	04:55.93L .....	9
10 . . . .	00:31.61L .....	50 Fly .....	00:27.67L .....	11
12 . . . .	17:59.82L .....	1500 Free .....		
13 . . . .		4x100 Free Relay .....		14

**Friday, May 23, 2008**

Finals: ..... Warm Up: 07:00 – 08:45 ..... Start: 09:00

**WOMEN**

**MEN**

	800 Free .....			1
2 . . . .		200 Back .....		3
4 . . . .		100 Breast .....		5
6 . . . .		200 Free .....		7
8 . . . .		400 IM .....		9
10 . . . .		50 Fly .....		11
12 . . . .		1500 Free .....		
13 . . . .		4x100 Free Relay .....		14

Preliminaries: ..... Warm Up: 13:30 – 14:50 ..... Start: 15:00

15 . . . .	00:33.13L .....	50 Back .....	00:29.80L .....	16
17 . . . .	04:43.71L .....	400 Free .....	04:22.10L .....	18
19 . . . .	01:08.98L .....	100 Fly .....	01:01.00L .....	20
21 . . . .	02:32.01L .....	200 IM .....	02:18.07L .....	22
23 . . . .	00:28.89L .....	50 Free .....	00:25.55L .....	24
25 . . . .	02:53.01L .....	200 Breast .....	02:35.64L .....	26
27 . . . .		4x200 Free Relay .....		28



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**Saturday, May 24, 2008**

Finals:..... Warm Up: 07:00 – 08:45.....Start: 09:00

15	50 Back	16
17	400 Free	18
19	100 Fly	20
21	200 IM	22
23	50 Free	24
25	200 Breast	26
27	4x200 Free Relay	28

Preliminaries:..... Warm Up: 13:30 – 14:50.....Start: 15:00

29	09:34.00L	800 Free	
30	00:36.87L	50 Breast	00:32.52L 31
32	02:32.31L	200 Fly	02:17.06L 33
34	01:02.22L	100 Free	00:55.55L 35
36	01:10.70L	100 Back	01:03.73L 37
		1500 Free	17:03.10L 38
39		4x100 Medley Relay	40

**Sunday, May 25, 2008**

Finals:..... Warm Up: 07:00 – 08:45.....Start: 09:00

29	800 Free	
30	50 Breast	31
32	200 Fly	33
34	100 Free	35
36	100 Back	37
	1500 Free	38
39	4x100 Medley Relay	40



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**TRAVEL SUPPORT APPLICATION FORM**

Please complete the following and return it to Chris Hindmarch-Watson:  
[ubcdolphins@gmail.com](mailto:ubcdolphins@gmail.com) or Fax to 604-822-9513.

**Contact Information:**

Club: \_\_\_\_\_ Coach: \_\_\_\_\_  
City: \_\_\_\_\_ State / Province: \_\_\_\_\_  
E-mail: \_\_\_\_\_ Phone: \_\_\_\_\_

**Swimmer Information:**

Number and Level of swimmers (please indicate the number of swimmers per category)

International: \_\_\_\_\_ National: \_\_\_\_\_  
Provincial / State: \_\_\_\_\_ Regional: \_\_\_\_\_

Please list the names of any high profile athletes who will be attending with your team:

\_\_\_\_\_

\_\_\_\_\_.

**Thank you for your interest in our Travel Support program.**  
**Please note that not all teams who apply for travel support will receive funds.**  
**If you have any questions please contact Chris Hindmarch-Watson at 604 822-8903.**

**The awarding of Travel funds is at the sole discretion of the  
2008 Mel Zajac Jr International Organizing Committee.**



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**SENIOR OFFICIALS FORM**

Please complete the following and return it to Margaret Durward:  
[margaretdurward@telus.net](mailto:margaretdurward@telus.net) or Fax to 604-822-9513.

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Club: \_\_\_\_\_ E-mail: \_\_\_\_\_

Phone: \_\_\_\_\_

Official Level (please circle one):    I    II    III    IV    V    FINA

Availability (Y/N) along with preferred position (Starter, Referee, S&T, Timer, etc):

Thursday Heats: \_\_\_\_\_ Friday Finals: \_\_\_\_\_

Friday Heats: \_\_\_\_\_ Saturday Finals: \_\_\_\_\_

Saturday Heats: \_\_\_\_\_ Sunday Finals: \_\_\_\_\_

Comments: \_\_\_\_\_

**Please note that this meet will have Morning Finals and Afternoon Preliminaries**

**Heats: 3:00pm – 7:00pm (approx finish)**

**Finals: 9:00am – 11:00am (approx finish)**

**We appreciate your help. Thank you!**

**2008 Mel Zajac Jr International Organizing Committee**



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**LOCAL VOLUNTEER FORM**

**Are you looking for volunteer hours?  
Preparing to volunteer for 2010?  
Interested in meeting some World Championship athletes?**

**This is the event for you!**

The 45th annual **Mel Zajac Jr International Swim Meet** relies on volunteers for a successful event and this year we need you!

Who Will Be There: **World Class Athletes and Coaches**  
Including the 2008 Canadian Olympic Team

Our Valued Supporters: VIP **Sponsors** from the local community  
Local **Media** who continue to show their support of our athletes  
Exceptional **volunteers** to make the event a success!

For More Information: [www.pacificdolphins.com](http://www.pacificdolphins.com)

**Please choose the areas in which you can help and reply to:**

Janice Hanan  
C/o UBC Dolphins  
6121 University Blvd  
Vancouver, BC  
V6T 1Z1

OR

Email: [ubcdolphins@gmail.com](mailto:ubcdolphins@gmail.com)  
Fax: 604-822-9513

**Thank you for your support!**

I am available to volunteer during these meet sessions:

Friday Morning       Saturday Morning       Sunday Morning  
 Friday Evening       Saturday Evening       Sunday Evening

I will help in these areas of the meet:

Meet Registration       Officiating       Timing       Other: \_\_\_\_\_  
 Assist with food       Program Sales       Raffle &/or 50/50 Draw      \_\_\_\_\_

Name: \_\_\_\_\_

Parent(s)/Friend(s) of: \_\_\_\_\_

Tel: \_\_\_\_\_

Member Club: UBCD / CDSC / VPSC / WDSC/Other \_\_\_\_\_

Email: \_\_\_\_\_

Heard about this from: \_\_\_\_\_



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